CAREER LIFE CONNECTIONS 12

The Capstone Project is a final high school project that is meant to showcase your skills by putting together a project on a topic that you are passionate about or interested in. One of the best, but also most intimidating, things about this project is that you have a choice in almost EVERYTHING. This project should challenge you in some way, but must also be manageable (especially under our current circumstances).

You will be expected to:

- pick a topic that you are genuinely interested in or passionate about exploring
- find a mentor
- make a project proposal
- conduct some research —if you're already an expert, find a way to learn something new about your topic or take your skill/knowledge to a new level
- document the process
- make some final "thing" (basically, make a project —this can take many different forms)
- present your project, talk about what you have taken away from the process, and how this project might apply to your future self in some way

Many of you have already looked at the attached documents, taken from the *Career Education Guide 10-12* which outlines a variety of project styles you may choose. In doing so, many of you also brainstormed rough plans for what you might do for your project.

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MARKS

Project Proposal	
Weekly Reflections	
Final Product & Presentation	

DUE DATES

Friday, April 17, 2020 Each Friday until completed* Friday, June 5, 2020

*This will vary for students as some may finish more quickly than others. A **minimum** of four reflections will be required for students who complete the project in less than four weeks.

THE PROPOSAL

Submit a project proposal to Miss Roland by Friday, April 17, 2020.

The purpose of the project proposal is to give Miss Roland a good idea of what you are going to be working on over the next two months. It helps make sure that you're on track with starting the project, and it allows Miss Roland to give you some feedback on your planned project.

Ultimately, you need to communicate this information to Miss Roland in an easy to understand way. You can choose the best option for you. You might make a list, answering each point below. You might make a video of you explaining these details and send it to me. You might write in paragraph form. You might request to tell me directly, either on a phone call or a video meeting. You pick what works best for you. How do you best communicate???

In

clude the following details:
What is your specific topic?
UWhat will your final product be?
UWhat do you hope to accomplish with this project (other than graduating)?
What things might you need to research?
UWhat materials will you likely need to complete this project?
What steps will you need to take to complete your project and approximately how long do you expect each step will take take?
UWhat skills and strengths do you already have that will be helpful in this project?
What areas might pose some challenges for you? (if you answer none, then your project isn't hard enough —but don't get too hard either)
U Why is this project a good fit for you? Why this topic?
Who is a person who might be able to help guide you through some of your learning in this project as a mentor*? (reach out to Miss R. if you're having trouble)
How might you ask this mentor if they would be willing to talk about your project with you?

*The purpose of the mentor is to have someone knowledgeable on your topic that might give you some ideas and feedback for your project. They may be able to help with your learning.

WEEKLY REFLECTIONS

30 marks

Submit a weekly reflection to Miss Roland every Friday until your project has been completed. You must submit a minimum of four reflections, even if your project takes less than four weeks.

You know that quote that says, "It's not about the destination, it's about the journey"? Well, this project is about both. The "journey" or process is **very** important in this project. Ideally, as you are working, you are giving thought to what is working well, what is not working well, and what needs to change. If you are working hard and thinking about what you are doing and making adaptations through the process then your final product should turn out well! Mostly, Miss Roland would like to see that you are thinking about the project as you complete it, making changes as needed.

Much like the proposal, you can choose how to communicate your weekly reflections to me. Taking pictures and videos might be a good way to document your journey through putting your project together! Maybe you make an Insta account just for documenting this process?

Provide Miss Roland with an in-depth description of the following:

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What alterations, if any, have you made to your plan?

Why? (or, alternatively, why don't you feel you need to alter the plan?)

What new information have you learned through your research?

What additional questions or curiosities do you have as you do your work? (Don't worry, you don't necessarily need to pursue them for this project —unless it's relevant and you have the time and energy to do so)